PRAYERS & DECLARATIONS For Healing & Deliverance!!

PRAISE

You are holy, my only God and Your deeds are wonderful.

You are strong. You are great. You are the Most Almighty.

You, Holy Father, are King of heaven and earth.

You are Three and One, Lord God, all Good.

You are Good, All Good, Supreme Good, Lord God, living and true.

You are my love. You are my wisdom. You are my humility.

You are my endurance. You are my rest. You are my peace.

You are my joy and my gladness. You are my justice and my moderation.

You are all my riches, You are my gentleness.

You are my protector, my guardian, and my defender.

You are my courage. You are my haven and hope.

You are my faith, and my great consolation.

You are my eternal life, Great and Wonderful Lord,

God Almighty, Wonderful and Merciful Savior.

In Jesus' Name I pray. Amen.

From Agape Banners at: http://www.agapebanners.com

A PRAYER FOR BLESSING

As I seek to cleanse my hands, O God, purify my heart and make me acceptable in Your sight. I pray that You would look upon me and bless me. As I humble myself before You, exalt me and let Your favour go before me. Spread Your goodness before me. May it accompany Your mercy as it follows me in accordance with Your promises.

Lord, cause Your face to shine upon me. Let Your blessings overtake me. Grant me peace with all who would set their face against me as I walk in peace and fellowship with You. Let no weapon formed against me succeed. Equip me with the strength to do Your will. Bless the work of my hands, and cause me to prosper in all my ways, even as my soul prospers. Order my steps on paths of promotion as I acknowledge You. Grant me the power to gain wealth as I surrender my all to You.

Most of all, I pray that You grant me wisdom. The wisdom to seek You above all things. Teach me to be a wise steward of all You grant, and let each blessing that You render, be an occasion to further glorify Your name in all the earth.

In the matchless and wonderful name of Jesus I pray. Amen.

From the book "How to be Blessed and Highly Favored" by Michelle McKinney Hammond

Personal Prayer (Morning &/or Night)

Dear Heavenly Father, You are my Lord. I know that You love me and that You will never leave me nor forsake me. You are the only true and living God that is worthy of worship. You are kind and loving in all Your ways. I love You and I thank You that I am alive in Christ. I submit myself to You and ask You to fill me with Your Holy Spirit in order to live my life free from sin. I choose to believe the truth which You have given us in the Bible, and I reject all the lies of Satan. I refuse to be discouraged because You are a God of all hope. I believe that you will meet my needs as I seek to obey You. I believe that I can do everything You want me to do because Jesus is my strength.

Heavenly Father, thank You for sending Your Only Son Jesus Christ to die on the cross for my sins. I believe Jesus' shed blood is enough for the forgiveness of my sins!! I pray the blood of Jesus over myself, my children, and my grandchildren. In Jesus' Name. Thank You Jesus for dying for me and rising from the dead. Because I believe in your death and resurrection I have forgiveness of sin and eternal life in You. I am Your child - a child of God - forgiven through faith in Christ's shed blood - filled, sealed, anointed with the Holy Spirit - and a friend of God.

Satan, you and your demons, get away from me in Jesus' Name. You and your lying spirits get away and go to Jesus - He will deal with you. I am God's child!! I submit to God and I resist the devil. I stand against Satan and all his lies, and I command him and all his demons to leave me. I put on the armour of God by believing and speaking the truth. I believe that Jesus is my protection because He never sinned and He took my sin on Himself. I commit myself to be a peacemaker and take the truth of the Bible and use it against all of Satan's dirty tricks. I submit my body as a living sacrifice to God, and I am going to keep studying the truth so I can prove that what God wants me to do is good and perfect for me. I do all this in the name of Jesus. Amen.

Holy Spirit come now and fill me with You. Fill me from the top of my head to the bottom of my feet. Jesus, come into every sickness & disease & blood cell in my body and melt away what is not of You. I command any spirits of sickness to leave me right now in Jesus' Name. Get away from me in Jesus' name. Come, melt away every hurt in my spirit, soul, and body and make me whole. Sickness, disease, and hurt cannot grow in the presence of the Holy, All-Powerful God. Your Word says, "and people brought to him all who were ill with various diseases, those suffering severe pain, the demon-possessed, those having seizures, and the paralyzed, and he healed them". (Matt. 4:24)

NOW MEDITATE ON THIS:

"and the people all tried to touch him, because power was coming from him and healing them all".

(Luke 6:19)

Thank You Jesus. I believe Your power is flowing throughout my spirit, mind, emotions, and body. Your presence gives healing and fullness of joy!! Thank You Lord God Almighty. I am trusting in You for a healthy spirit, soul, and body. You have full permission to take control of me and have Your will in me, through me, and with me. In Jesus' Name I pray. Amen.

DAILY PRAYER AND DECLARATION (for an individual)

Dear Heavenly Father, I praise You and honor You as my Lord. You are in control of all things. I thank You that You are always with me and will never leave me nor forsake me. You are the only all-powerful and only wise God. You are kind and loving in all Your ways. I love You and thank You that I am united with Christ and spiritually alive in Him. I choose not to love the world or the things in the world, and I crucify the flesh and all its passions.

Thank You for the life I now have in Christ. I ask You to fill me with the Holy Spirit so I may say "no" to sin and "yes" to You. I declare my total dependence upon You and I take my stand against Satan and all his lying ways. I choose to believe the truth of God's Word despite what my feelings may say. I refuse to be discouraged because You are the God of all hope. Nothing is too difficult for You. I am confident that You will supply all my needs as I seek to live according to Your Word. I thank You that I can be content and live a responsible life through Christ who strengthens me.

I now take my stand against Satan and command him and all his evil spirits to depart from me. I choose to put on the full armor of God so I may be able to stand firm against all the devil's schemes. I submit my body as a living and holy sacrifice to God and I choose to renew my mind by the living Word of God. By so doing I will be able to prove that the will of God is good, acceptable and perfect for me. In the name of my Lord and Savior, Jesus Christ. Amen.

DAILY PRAYER & DECLARATION (for a couple, family or group)

Dear Heavenly Father, we praise You and honor You as our Lord. You are in control of all things. We thank You that You are always with us and will never leave us nor forsake us. You are the only all-powerful and only wise God. You are kind and loving in all Your ways. We love You and thank You that we are united with Christ and spiritually alive in Him. We choose not to love the world or the things in the world, and we crucify the flesh and all its passions.

Thank You for the life we now have in Christ. We ask You to fill us with the Holy Spirit so we may say "no" to sin and "yes" to You. We declare our total dependence upon You and we take our stand against Satan and all his lying ways. We choose to believe the truth of God's Word despite what our feelings may say. We refuse to be discouraged because You are the God of all hope. Nothing is too difficult for You. We are confident that You will supply all our needs as we seek to live according to Your Word. We thank You that we can be content and live a responsible life through Christ who strengthens us.

We now take our stand against Satan and command him and all his evil spirits to depart from us. We choose to put on the full armor of God so we may be able to stand firm against all the devil's schemes. We submit our bodies as a living and holy sacrifice to God and we choose to renew our minds by the living Word of God. By so doing we will be able to prove that the will of God is good, acceptable and perfect for us. In the name of our Lord and Savior, Jesus Christ. Amen.

BEDTIME PRAYER (for an individual)

Thank You, Lord, that You have brought me into Your family and have blessed me with every spiritual blessing in the heavenly places in Christ Jesus. Thank You for this time of renewal and refreshment through sleep. I accept it as one of Your blessings for Your children and I trust You to guard my mind and my body during my sleep.

As I have thought about You and Your truth during the day, I choose to let those good thoughts continue in my mind while I am asleep. I commit myself to You for Your protection against every attempt of Satan and his demons to attack me during sleep. Guard my mind from nightmares. I renounce all fear and cast every anxiety upon You, Lord. I commit myself to You as my rock, my fortress and my strong tower. May Your peace be upon this place of rest now. In the strong name of the Lord Jesus Christ, I pray. Amen.

BEDTIME PRAYER (for a couple, family or group)

Thank You, Lord, that You have brought us into Your family and have blessed us with every spiritual blessing in the heavenly places in Christ Jesus. Thank You for this time of renewal and refreshment through sleep. We accept it as one of Your blessings for Your children and we trust You to guard our minds and our bodies during our sleep.

As we have thought about You and Your truth during the day, we choose to let those good thoughts continue in our minds while we are asleep. We commit ourselves to You for Your protection against every attempt of Satan and his demons to attack us during sleep. Guard our minds from nightmares. We renounce all fear and cast every anxiety upon You, Lord. We commit myselves to You as our rock, our fortress and our strong tower. May Your peace be upon this place of rest now. In the strong name of the Lord Jesus Christ, we pray. Amen.

CLEANSING HOME/APARTMENT/ROOM (for an individual)

After removing and destroying all objects of false worship, pray aloud in every room if necessary:

Heavenly Father, I acknowledge that You are the Lord of heaven and earth. In Your sovereign power and love, You have given me all things richly to enjoy. Thank You for this place to live. I claim my home as a place of spiritual safety for me (and my family) and protection from all the attacks of the enemy. As a child of God, raised up and seated with Christ in the heavenly places, I command every evil spirit claiming ground in this place, based on the activities of past or present occupants including me, to leave and never return. I renounce all curses and spells directed against this place. I ask You, Heavenly Father, to post Your holy, warring angels around this place to guard it from any and all attempts of the enemy to enter and disturb Your purposes for me (and my family). I thank You, Lord, for doing this in the name of the Lord Jesus Christ. Amen.

CLEANSING HOME/APARTMENT/ROOM (for a couple, family or group)

After removing and destroying all objects of false worship, pray aloud in every room if necessary:

Heavenly Father, we acknowledge that You are the Lord of heaven and earth. In Your sovereign power and love, You have given us all things richly to enjoy. Thank You for this place to live. We claim our home as a place of spiritual safety for us (and our family) and protection from all the attacks of the enemy. As children of God, raised up and seated with Christ in the heavenly places, we command every evil spirit claiming ground in this place, based on the activities of past or present occupants including us, to leave and never return. We renounce all curses and spells directed against this place. We ask You, Heavenly Father, to post Your holy, warring angels around this place to guard it from any and all attempts of the enemy to enter and disturb Your purposes for us (and our family). We thank You, Lord, for doing this in the name of the Lord Jesus Christ. Amen.

LIVING IN A NON-CHRISTIAN ENVIRONMENT (for an individual in a motel/room/etc.)

After removing and destroying all objects of false worship from your possession, pray aloud in the place where you live:

Thank You, Heavenly Father, for a place to live and to be renewed by sleep. I ask You to set aside my room (my portion of this room) as a place of spiritual safety for me. I renounce any allegiance given to false gods or spirits by other occupants. I renounce any claim to this room (space) by Satan based on the activities of past or present occupants, including me. On the basis of my position as a child of God and joint heir with Christ who has all authority in heaven and on earth, I command all evil spirits to leave this place and never return. I ask You, Heavenly Father, to station Your holy, warring angels to protect me while I live here. In Jesus' mighty name, I pray. Amen.

LIVING IN A NON-CHRISTIAN ENVIRONMENT (for a couple, family or group in a motel/room/etc.)

After removing and destroying all objects of false worship from your possession, pray aloud in the place where you live:

Thank You, Heavenly Father, for a place to live and to be renewed by sleep. We ask You to set aside our room (our portion of this room) as a place of spiritual safety for us. We renounce any allegiance given to false gods or spirits by other occupants. We renounce any claim to this room (space) by Satan based on the activities of past or present occupants, including us. On the basis of our position as a child of God and joint heir with Christ who has all authority in heaven and on earth, we command all evil spirits to leave this place and never return. We ask You, Heavenly Father, to station Your holy, warring angels to protect us while we live here. In Jesus' mighty name, we pray. Amen.

PRAYERS FOR CHILDREN

These can be said by anyone for the child(ren)

INTERCESSORY PRAYER FOR A SON/DAUGHTER

I come to You in the name of Jesus on behalf of my son/daughter (their name). I thank You Lord that You have given him/her to me as a heritage to love and raise to Your glory. I ask You to forgive me for my failures to lead and guide him/her in the way he/she ought to go. I thank You that You are the God that restores and brings good out of evil. Take my past failures and use them to Your glory as you faithfully draw (their name) to Yourself.

I thank You that through You I am mighty and can pull down the strongholds of the enemy. I exercise that authority now in the mighty name of Jesus. And in Jesus' name I bind the powers of darkness that would bind (their name) to Your truth and I command them to loose him/her now.

And Father, in Jesus' name, I ask that You would draw (their name) to Yourself, convicting him/her of their sin by Your Holy Spirit. I plead the protection and deliverance of the Blood of Jesus over (their name) and by faith claim (their name) for the Kingdom of God. In Jesus' name I pray. Amen.

From the Book "Spiritual Warfare and Your Children" by Ray Beeson & Kathi Mills

Baby Dedication (individual)

Dear Heavenly Father, I thank you for loving me and giving me eternal life in Jesus Christ. I am Your child, purchased by the blood of the Lord Jesus Christ who gave His life for me. I renounce any claim of personal ownership and announce my responsibility to be a good steward of that which you have entrusted to me. I dedicate myself to You as a living sacrifice, and I commit myself to know You and do Your will. I commit myself to bring up my children in the discipline and instruction of the Lord. I know that children are a gift from the Lord, and I dedicate them to You for as long as they shall live. I reject any claim that Satan may have over them; they belong to the Lord Jesus Christ. I renounce any Satanic sacrifices that were offered for my children whereby Satan may claim ownership. I announce that Jesus paid the price for each of my children and they belong to Him. As for me and my house we shall serve the Lord. I do all this in the wonderful name of Christ Jesus my Lord. Amen.

Baby Dedication (couple or group)

Dear Heavenly Father, we thank you for loving us and giving us eternal life in Jesus Christ. We are Your children, purchased by the blood of the Lord Jesus Christ who gave His life for us. We renounce any claim of personal ownership and announce our responsibility to be good stewards of that which you have entrusted to us. We dedicate ourselves to You as a living sacrifice, and we commit ourselves to know You and do Your will. We commit ourselves to bring up our children in the discipline and instruction of the Lord. We know that children are a gift from the Lord, and we dedicate them to You for as long as they shall live. We reject any claim that Satan may have over them; they belong to the Lord Jesus Christ. We renounce any Satanic sacrifices that were offered for our children whereby Satan may claim ownership. We announce that Jesus paid the price for each of our children and they belong to Him. As for us and our house we shall serve the Lord. We do all this in the wonderful name of Christ Jesus our Lord, Amen.

For Their Salvation (individual)

Dear Heavenly Father, I bring my (sons and/or daughters) before You. I stand against the blinding of Satan that would keep them from believing and seeing the light of the gospel of the glory of Christ (2 Corinthians 4:4). I take the authority that is mine because of my position in Christ, and I exercise that authority over Satan in regards to my family and all that You have entrusted to me, Heavenly Father. In the name of Jesus, I take authority over speculation and every lofty thing raised up against the knowledge of God in the minds of my children (2 Corinthians 10:5). I tear down those strongholds and bring their minds into captivity in order to obey Christ. By the authority that I have in Christ and in obedience to the great commission to make disciples, I command Satan to release the minds of my children so that they may obey God. I declare myself and all that You have entrusted to me to be eternally signed over to the Lord Jesus Christ. Based on Your Word according to 1 John 5:16, I am asking You to give spiritual life to my (sons and/or daughters). I pray that You would enable me to be the kind of parent that You want me to be. May I never be the kind of parent that would be a stumbling block to my children. Enable me to be a positive witness and a living epistle for all those who don't know You. I ask this in the name and authority of the Lord Jesus Christ. Amen.

For Their Salvation (couple or group)

Dear Heavenly Father, we bring our (sons and/or daughters) before You. We stand against the blinding of Satan that would keep them from believing & seeing the light of the gospel of the glory of Christ (2 Corinthians 4:4). We take the authority that is ours because of our position in Christ, & we exercise that authority over Satan in regards to our family and all that You have entrusted to us, Heavenly Father. In the name of Jesus, we take authority over speculation & every lofty thing raised up against the knowledge of God in the minds of our children (2 Corinthians 10:5). We tear down those strongholds and bring their minds into captivity in order to obey Christ. By the authority that we have in Christ and in obedience to the great commission to make disciples, we command Satan to release the minds of our children so that they may obey God. We declare ourselves and all that You have entrusted to us to be eternally signed over to the Lord Jesus Christ. Based on Your Word according to 1 John 5:16, we are asking You to give spiritual life to our (sons and/or daughters). We pray that You would enable us to be the kind of parents that You want us to be. May we never be the kind of parents that would be a stumbling block to our children. Enable us to be a positive witness & living epistle for all those who don't know You. We ask this in the name & authority of the Lord Jesus Christ. Amen.

For Their Protection (individual)

Dear Heavenly Father, I ask for Your divine protection for my (sons and/or daughters) as they are absent from me. I pray that You would put a hedge of protection around them so that all harmful influences would be unable to affect them. I commit them to You for Your care, and I assume all my responsibilities for training them in the Lord. I also assume the responsibility for their attitudes and actions that are the result of my training. I ask for Your Holy Spirit to guard their hearts and their minds, and bring to their minds all that they have learned according to Your Word. I pray that when they are tempted You would provide them with a way of escape, and that they would not be led into temptation beyond that which they are able to endure. I ask that the way they live may be a witness to Your presence in their life. May whatever they do be done to the glory of God. I ask this in the precious name of my Lord and Saviour Jesus Christ. Amen.

For Their Protection (couple or group)

Dear Heavenly Father, we ask for Your divine protection for our (sons and/or daughters) as they are absent from us. We pray that You would put a hedge of protection around them so that all harmful influences would be unable to affect them. We commit them to You for Your care, and we assume all our responsibilities for training them in the Lord. We also assume the responsibility for their attitudes and actions that are the result of our training. We ask for Your Holy Spirit to guard their hearts and their minds, and bring to their minds all that they have learned according to Your Word. We pray that when they are tempted You would provide them with a way of escape, and that they would not be led into temptation beyond that which they are able to endure. We ask that the way they live may be a witness to Your presence in their life. May whatever they do be done to the glory of God. We ask this in the precious name of our Lord and Saviour Jesus Christ. Amen.

For Their Rebellion (individual)

Dear Heavenly Father, I ask in the name of the Lord Jesus Christ and through His shed blood that You would rebuke Satan and prohibit him from having any harmful influence on (my sons and/or daughters). Forgive me for any negative influence that I may have had on them that they would choose to rebel against You. I pray that You would give me the grace to ask their forgiveness for my sin in regards to this matter. I ask for the wisdom and the grace to be the kind of parent that You want me to be. I confess the sins of my children (list all the known sins) and assume my responsibility in their actions. I pray that You would build a hedge of thorns around them such that all harmful influences would lose interest, and that my children would come to their senses and return to righteous relationships and living. I pray for the grace to welcome them home or the guidance to find a place of refuge for their good. Teach me to love my children but hate their sin. I ask this in the precious name of Jesus. Amen.

For Their Rebellion (couple or group)

Dear Heavenly Father, we ask in the name of the Lord Jesus Christ and through His shed blood that You would rebuke Satan and prohibit him from having any harmful influence on our (sons and/or daughters). Forgive us for any negative influence that we may have had on them that they would choose to rebel against You. We pray that You would give us the grace to ask their forgiveness for our sin in regards to this matter. We ask for the wisdom and the grace to be the kind of parents that You want us to be. We confess the sins of our children (list all the known sins) and assume our responsibility in their actions. We pray that You would build a hedge of thorns around them such that all harmful influences would lose interest, and that our children would come to their senses and return to righteous relationships and living. We pray for the grace to welcome them home or the guidance to find a place of refuge for their good. Teach us to love our children but hate their sin. We ask this in the precious name of Jesus. Amen.

For Their Future (individual)

Dear Heavenly Father, I ask for divine guidance for my (sons and/or daughters). I trust that You have already gone before them and prepared a place for them. You have known my children from the foundation of the world. I trust them into Your hands and pray for wisdom as to how I should relate to them in the future. I release them from all my expectations and entrust them to be what You want them to be. I pray for their future spouses and that You would give them wisdom in choosing a life partner. Should You bless them with children, may I be the grandparent that You would want me to be. I pray as Jesus prayed, that you would keep them from the evil one and sanctify them in Your Word for Your Word is truth. I ask this in the name of my Lord and Saviour, Jesus Christ. Amen.

For Their Future (couple or group)

Dear Heavenly Father, we ask for divine guidance for our (sons and/or daughters). We trust that You have already gone before them and prepared a place for them. You have known our children from the foundation of the world. We trust them into Your hands and pray for wisdom as to how we should relate to them in the future. We release them from all our expectations and entrust them to be what You want them to be. We pray for their future spouses and that You would give them wisdom in choosing a life partner. Should You bless them with children, may we be the grandparents that You would want us to be. We pray as Jesus prayed, that you would keep them from the evil one and sanctify them in Your Word for Your Word is truth. We ask this in the name of our Lord and Saviour, Jesus Christ. Amen.

For an Adopted Child (individual)

Dear Heavenly Father, I thank You for entrusting (name) to my care. I declare (name) to be under Your authority. I dedicate this child to You, Heavenly Father, and ask for Your protection and guidance to stand against all the devices of Satan that would keep this child in bondage. I renounce the sins of this child's ancestors and all curses that have been passed on from generation to generation. I announce that Christ became a curse for this child when He was crucified on the cross. I renounce all Satanic sacrifices that have been made on behalf of this child and renounce any claim of ownership that Satan may have. I announce only the sacrifice of the Lord Jesus Christ as any claim of ownership for (name). I pray for a hedge of protection around this child all the days of his/her life. I ask this in the strong name of Jesus who reigns supreme as the sovereign Lord of the universe. Amen.

For an Adopted Child (couple or group)

Dear Heavenly Father, we thank You for entrusting (name) to our care. We declare (name) to be under Your authority. We dedicate this child to You, Heavenly Father, and ask for Your protection and guidance stand against all the devices of Satan that would keep this child in bondage. We renounce the sins of this child's ancestors and all curses that have been passed on from generation to generation. We announce that Christ became a curse for this child when He was crucified on the cross. We renounce all Satanic sacrifices that have been made on behalf of this child and renounce any claim of ownership that Satan may have. We announce only the sacrifice of the Lord Jesus Christ as any claim of ownership for (name). We pray for a hedge of protection around this child all the days of his/her life. We ask this in the strong name of Jesus who reigns supreme as the sovereign Lord of the universe. Amen.

PRAYERS BY CHILDREN

PRAYERS FOR KIDS TO PRAY Before They Go To Bed (from Psalm 91)

Dear God, I thank You that You are my Heavenly Father. I thank You for being in my life and in my room and everywhere I go. I know that You are always with me and will never leave me. I commit myself to You and ask for Your protection. I trust You, and I know that if I'm ever afraid that I can always call upon You to rescue me. I ask You to protect my mind tonight when I am sleeping. Please bless our home, my parents, and protect them too. I love You. I pray this in the name of Jesus. Amen.

PRAYERS FOR KIDS TO PRAY When Under Attack

A child may sense a presence in their room and be frightened. It is important to teach the child that when they are under attack, the best approach is for them to declare the truth of who they are in Christ. They should verbally declare something like:

"I am a child of God and the evil one cannot touch me. I am Jesus"

"Jesus save me!! Thank You for saving me Jesus!!"

Often by simply speaking the name of Jesus, the presence will leave. They should know that Jesus has defeated Satan and will protect them from Satan's attacks. "Jesus Saves"!!!

PRAYERS FOR KIDS TO PRAY For General Living (individual)

Dear Heavenly Father, You are my Lord. I know that You love me and that You will never leave me nor forsake me. You are the only true and living God that is worthy of worship. You are kind and loving in all Your ways. I love You and I thank You that I am alive in Christ. I submit myself to You and ask You to fill me with Your Holy Spirit in order to live my life free from sin. I choose to believe the truth which You have given us in the Bible, and I reject all the lies of Satan. I refuse to be discouraged because You are a God of all hope. I believe that you will meet my needs as I seek to obey You. I believe that I can do everything You want me to do because Jesus is my strength.

I submit to God and I resist the devil. I stand against Satan and all his lies, and I command him and all his demons to leave me. I put on the armour of God by believing and speaking the truth. I believe that Jesus is my protection because He never sinned and He took my sin on Himself. I commit myself to be a peacemaker and take the truth of the Bible and use it against all of Satan's dirty tricks.

I submit my body as a living sacrifice to God, and I am going to keep studying the truth so I can prove that what God wants me to do is good and perfect for me. I do all this in the name of Jesus. Amen.

PRAYERS FOR KIDS TO PRAY For General Living (children or family can pray together)

Dear Heavenly Father, You are our Lord. We know that You love us and that You will never leave us nor forsake us. You are the only true and living God that is worthy of worship. You are kind and loving in all Your ways. We love You and we thank You that we are alive in Christ. We submit ourselves to You and ask You to fill us with Your Holy Spirit in order to live our lives free from sin. We choose to believe the truth which You have given us in the Bible, and we reject all the lies of Satan. We refuse to be discouraged because You are the God of all hope. We believe that you will meet our needs as we seek to obey You. We believe that we can do allg You want us to do because Jesus is our strength.

We submit to God and we resist the devil. We stand against Satan and all his lies, and we command him and all his demons to leave us. We put on the armour of God by believing and speaking the truth. We believe that Jesus is our protection because He never sinned and He took our sin on Himself. We commit ourselves to be peacemakers and take the truth of the Bible and use it against all of Satan's dirty tricks.

We submit our bodies as a living sacrifice to God, and we are going to keep studying the truth so we can prove that what God wants us to do is good and perfect for us. We do all this in the name of Jesus. Amen.

DISCLAIMER

This material is not to replace Christian counseling (not Christians who counsel but Christ-centered Christian counseling) or Christian medical doctors (who are Christ-centered) when needed. In fact, we encourage individuals to find trusting Christian counseling and discipleship. This material is a "tool" to offer support. Individuals are responsible for their own healing and the choices they make - it is between you and God. Nobody knows you better than God. In no way does this material claim to replace professional Christian counselors or Christian medical doctors when needed. A professional Christian counselor is something that should be considered between God and the individual. Again, this book offers "laymen" resources for those wanting further growth and healing in Christ.

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"It is for freedom that Christ has set us free;

Therefore, keep standing firm

and do not be subject again to a yoke of slavery." (Galatians 5:1)

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"He is Altogether Lovely"